

# We're All in this Together

## Do Your Part for a Safe and Healthy Recreation Experience

The City of Edmonton operates many public recreation facilities across the city, and each is unique in the amenities, programs and services it provides.

We take great pride in our clean and safe buildings, and in our friendly and qualified staff. We want to ensure that you have the best possible experience while you visit, but we need your cooperation.

Help us keep a safe, fun and healthy environment for everyone by following facility guidelines, and respecting other visitors and staff. Your courtesy and cooperation will encourage others to do the same.

Everyone plays a part, and together, we can make our facilities some of the best around.

Thank you for your assistance. We hope that you enjoy your visit to our facility.



## Swimming Pool Guidelines

The following guidelines apply at all City of Edmonton swimming pools, however, some facilities may have more specific rules for their amenities.

### Entry to Facility

- Orientations to the facility are available if requested.
- All patrons must pay admission, present their coupon, or scan their pass at the cash counter prior to entering the swimming pool, fitness centre or other amenities.
- Persons under the influence of intoxicants will not be allowed into the facility. Consumption of alcohol or illegal drugs on the premises is not permitted.
- Please do not visit the facility if you are suffering from a cold, flu, bacterial or viral infection, communicable disease or severe skin condition.
- Alert staff if you have any medical problems such as a heart condition, epilepsy, etc.
- Animals are not allowed inside the building, unless they are a Certified Assistive Animal, or they are participating in a designated pet therapy program.
- No skateboarding, in-line skating or cycling allowed within the facility.
- Smoking is not permitted in any City of Edmonton building.
- Use of cell phones, PDAs, cameras, and other recording devices is restricted in City of Edmonton Recreation Facilities. With staff permission, these devices are permitted for taking photos in public areas such as the pool, lobby, arena, gymnasium, courts, class rooms, and party rooms. You must also have the permission of those who may be recognizable in the photos.

## Change Rooms and Washrooms

- Children six years or older must use the change room designated for their gender, or use the family change room.
- Finish eating and drinking before you enter the change room. Please use the garbage bins provided. Chewing gum is not allowed in the pool.
- No glass containers are allowed in the change rooms or pool area.
- Remove shoes before entering the change rooms or pool area.
- Appropriate swimming apparel is required while in the pool. Street clothes can carry dirt or bacteria into the water.
- Take a cleansing shower before every swim to avoid carrying dirt, bodily secretions, bacteria or residue from hygiene products into the pool.
- Use the washroom facilities before you swim. Don't risk an accident.
- Take children to the washroom frequently.
- Children who are not toilet-trained must wear waterproof diapers. These diapers are available from the cashier and should be changed in the washroom often. Be sure to clean diapered areas thoroughly.
- For individuals who require diapering because of medical conditions, please ensure that these protective coverings are properly secured, and changed regularly to prevent oversaturation and leakage.
- Excessive amounts of scented hygiene products, perfumes or colognes can trigger allergies in other patrons. Please be considerate of other users when practicing your personal hygiene.
- Protect your belongings by securing them in a locker. Small lockers are available in the lobby of facilities for your wallet, keys or jewellery. We recommend that you do not bring any valuables into the facility.
- Please turn off and store cell phones, PDAs, cameras, and other recording devices when using change rooms or washrooms. Taking pictures within change rooms or washrooms is against the law.



## Swimming Pool

- Children under eight years must be accompanied into the pool and actively supervised by a responsible person 13 years or older, preferably a parent or sibling. Keep children within arm's reach at all times. Unsupervised children will not be allowed into the pool.
- To swim in the deep end, children 12 years or younger must be able to demonstrate to the lifeguard that they can swim 25 metres with recognizable strokes.
- If you are a non-swimmer, know your limitations and know where deep areas of the pool are located. Lifejackets or floatation belts are available if required.
- No running on the pool deck or in the showers as you can slip and fall.
- Don't risk an injury by diving into the shallow end of the pool. Go in feet first.
- No fooling around, wrestling or rough play on the diving board, slide, swinging ropes or pool edge as it could result in serious injury.
- Please report any vandalism or faulty equipment to staff.
- Limit your stay in the steam room, sauna or whirlpool to 15 minutes at a time. Please consult your doctor before entering these amenities if you have epilepsy, diabetes, high blood pressure, heart conditions, or pregnant.
- Please do not enter the pool if you currently suffer from diarrhea, or have had diarrhea within the last two weeks.
- Vomit, blood or feces can introduce bacteria and viruses into the pool. Please report any of these spills immediately to staff so that the area can be cleaned. Water contamination may result in a long and costly pool cleaning and shutdown.
- No spitting. Avoid swallowing pool water.



## Emergencies

- If someone needs your help, please assist if it is safe to do so.
- If you witness a dangerous situation or an emergency, notify a staff member immediately.
- In the event of a major emergency, an alarm may be sounded and the area evacuated. Please follow staff direction and assist if asked.
- Be prepared to provide a statement if you were a witness. It will help staff and emergency responders deal with the situation, and prevent it from happening in the future.
- First aid assistance is always available.

## Respect for People and Property

The City of Edmonton values the safety and security of visitors and staff, and the protection of personal and public property at City recreation facilities.

City staff, corporate security and the Edmonton Police Service work together to prevent, monitor and react to any potential risks.

Inappropriate, abusive, undesirable, dangerous or criminal behaviour will not be tolerated. Anyone not following facility guidelines will be asked to leave, and may have facility privileges suspended or terminated through the Abusive Patrons Policy. Individuals may be charged by the Edmonton Police Service under the Canadian Criminal Code.

Please do your part by showing respect for people and property at City recreation facilities, and reporting any suspicious persons or activities to staff immediately.

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is a public safety program for City of Edmonton recreation facilities. For more information, please contact the facility supervisor.

[www.edmonton.ca](http://www.edmonton.ca)

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