



LIFESAVING SOCIETY®
The Lifeguarding Experts

Swim Kids to Swim for Life



	In which level did you last enroll?	Did you complete or incomplete?	Continue in...
Parented	Star fish	Based on Age	Parent and Tot 1 (4 - 12 months)
	Duck	Based on Age	Parent and Tot 2 (12 - 24 months)
	Sea Turtle	Based on Age	Parent and Tot 3 (2-3 years)
Preschool Aged (3-5 years)	Sea Otter	Incomplete Sea Otter	Preschool 1
		Complete Sea Otter	Preschool 2
	Salamander	Incomplete Salamander	Preschool 1
		Complete Salamander	Preschool 2
	Sunfish	Incomplete Sunfish	Preschool 2
		Complete Sunfish	Preschool 3
	Crocodile	Incomplete Crocodile	Preschool 4
		Complete Crocodile	Preschool 5
Whale	Incomplete Whale	Preschool 5	
	Complete Whale	Swimmer 1 or 2 (if 5 years old)	
School Aged (5+ years)	Swim Kids 1	Incomplete Swim Kids 1	Swimmer 1
		Complete Swim Kids 1	Swimmer 2
	Swim Kids 2	Incomplete Swim Kids 2	Swimmer 2
		Complete Swim Kids 2	Swimmer 2
	Swim Kids 3	Incomplete Swim Kids 3	Swimmer 2
		Complete Swim Kids 3	Swimmer 3
	Swim Kids 4	Incomplete Swim Kids 4	Swimmer 3
		Complete Swim Kids 4	Swimmer 3
	Swim Kids 5	Incomplete Swim Kids 5	Swimmer 3
		Complete Swim Kids 5	Swimmer 4
	Swim Kids 6	Incomplete Swim Kids 6	Swimmer 4
		Complete Swim Kids 6	Swimmer 5
	Swim Kids 7	Incomplete Swim Kids 7	Swimmer 5
		Complete Swim Kids 7	Swimmer 6
	Swim Kids 8	Incomplete Swim Kids 8	Swimmer 6
		Complete Swim Kids 8	Rookie Patrol
	Swim Kids 9	Incomplete Swim Kids 9	Rookie Patrol
		Complete Swim Kids 9	Rookie Patrol
Swim Kids 10	Incomplete Swim Kids 10	Ranger or Star Patrol	
	Complete Swim Kids 10	Bronze Star	

GO FURTHER!

Looking for more? Try these Lifesaving Society Programs:
Junior Lifeguard Club * Lifesaving Fitness * Bronze Medallion



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YMCA to Swim for Life



	In which level did you last enroll?	Did you complete or incomplete?	Continue in...
Parented	Splashers	Based on Age	Parent and Tot 1 (4 - 12 months)
	Bubblers	Based on Age	Parent and Tot 2 (12 - 24 months)
	Bobbers	Based on Age	Parent and Tot 3 (2-3 years)
Preschool Aged (3-5 years)	Bobbers	Incomplete Bobbers	Preschool 1
		Complete Bobbers	Preschool 2
	Floaters	Incomplete Floaters	Preschool 2
		Complete Floaters	Preschool 3
	Divers	Incomplete Divers	Preschool 3
		Complete Divers	Preschool 4
	Surfers	Incomplete Surfers	Preschool 4
		Complete Surfers	Preschool 5
Dippers	Incomplete Dippers	Preschool 5	
	Complete Dippers	Swimmer 1 or 2 (if 5 years old)	
School Aged (6+ years)	Otter	Incomplete Otter	Swimmer 1
		Complete Otter	Swimmer 2
	Seal	Incomplete Seal	Swimmer 2
		Complete Seal	Swimmer 3
	Dolphin	Incomplete or Complete Dolphin	Swimmer 3
	Swimmer	Incomplete or Complete Swimmer	Swimmer 4
	Star 1	Incomplete or Complete Star 1	Swimmer 5
	Star 2	Incomplete or Complete Star 2	Swimmer 6
	Star 3	Incomplete Star 3	Rookie Patrol
		Complete Star 3	Ranger Patrol
	Star 4	Incomplete or Complete Star 4	Ranger Patrol
	Star 5	Incomplete or Complete Star 5	Star Patrol
Star 6	Incomplete or Complete Star 6	Star Patrol	
Masters	Incomplete Masters	Star Patrol or Bronze Star	
	Complete Masters	Bronze Star	

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[Junior Lifeguard Club](#) - Put your swim skills into action and learn lifesaving skills!

[Lifesaving Fitness](#) - Get in, get fit! Learn to make your own workouts!

[Bronze Medallion](#) - Advance your training in lifesaving both in the water & out!



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The Lifeguarding Experts

I Can Swim to Swim for Life



	In which level did you last enroll?	Did you complete or incomplete?	Continue in...	
Parented	Ducklings	Based on Age	Parent and Tot 1 (4 - 12 months)	
	Dinos	Based on Age	Parent and Tot 2 (12 - 24 months)	
	Dinos	Based on Age	Parent and Tot 3 (2-3 years)	
Preschool Aged (3-5 years)	Dolphins 1	Incomplete Dolphins 1	Preschool 1	
		Complete Dolphins 1	Preschool 2	
	Dolphins 2	Incomplete Dolphins 2	Preschool 3	
		Complete Dolphins 2	Preschool 4	
	Dolphins 3	Incomplete Dolphins 3	Preschool 5	
		Complete Dolphins 3	Swimmer 1 or 2	
School Aged (6+ years)	Stage 1	I Can Float	Incomplete or Complete I Can Float	Swimmer 1
		I Can Glide	Incomplete I Can Glide	Swimmer 1
			Complete I Can Glide	Swimmer 2
	I Can Kick	Incomplete or Complete I Can Kick	Swimmer 2	
	Stage 2	I Can Paddle	Incomplete or Complete I Can Paddle	Swimmer 3
		I Can Dive	Incomplete or Complete I Can Dive	Swimmer 3
		I Can Freestyle	Incomplete or Complete I Can Freestyle	Swimmer 4
	Stage 3	I Can Backstroke	Incomplete I Can Backstroke	Swimmer 4
			Complete I Can Backstroke	Swimmer 5
		I Can Breaststroke	Incomplete I Can Breaststroke	Swimmer 5
			Complete I Can Breaststroke	Swimmer 6
		I Can Butterfly	Incomplete I Can Butterfly	Swimmer 6
			Complete I Can Butterfly	Rookie Patrol

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